



Alabama's Maternal, Infant, and Early Childhood Home Visiting Program

2025



Supporting families from pregnancy through early childhood with trusted, community-based care.

Home visiting in Alabama connects families with trained professionals who provide guidance, resources, and support during pregnancy and early childhood. Through trusted, relationship-based care, home visitors strengthen parenting, promote healthy development, and connect families to the services they need to thrive.

Who Is Served

Families with young children, including those who may benefit from additional support or access to services.

What We Offer

- Guidance on prenatal health and lactation lessons and practice
- Education and training on child nutrition, safety, and development
- Assistance establishing habits conducive to play and learning in the home
- Screenings for child developmental markers and milestones
- Parental guidance for goal-setting, daily stress management, and establishing routines
- Connections and referrals to community services and resources
- One-on-one support tailored to each family with flexible visits in the home or virtually

Home visitors meet families where they are, building trust that leads to lasting change.

OVERVIEW

In Alabama, home visiting:

- Supports healthy pregnancies and child development
- Strengthens parenting skills and confidence
- Connects families to critical health and community resources
- Helps identify needs early and reduce risk over time

PROGRAM STATS

1,577+
Families reached

14+
Communities reached

99
Home visitors

A Closer Look

AL Maternal, Infant, and Early Childhood Home Visiting (MIEHCV) is a home visiting program serving families in Alabama. The program provides personalized support during pregnancy and early childhood, helping families access resources, strengthen parenting, and support healthy child development.

Services and models like Changent and Parents as Teachers (PAT) are designed to meet families where they are, offering flexible, relationship-based support that builds trust and promotes long-term well-being.

Program Impact

Positive and nurturing interactions with adults during a child's first five years shape their development and lay the groundwork for future success. By meeting families where they are, home visiting empowers parents and caregivers to engage more fully in their children's care and growth. Research shows that home visiting improves children's school readiness and promotes a healthy household environment.

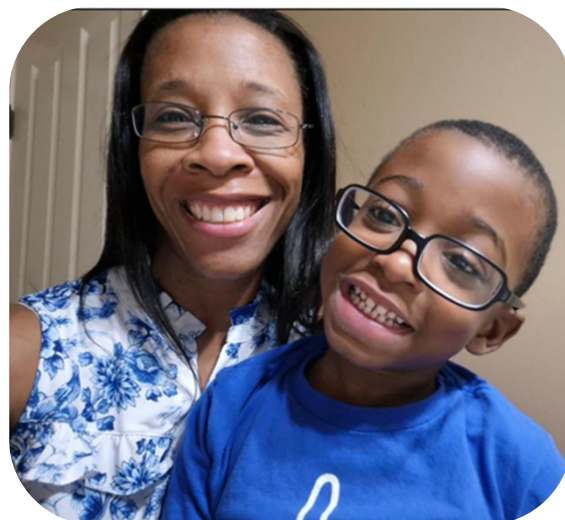
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Program Details

Program detail	Information
Service area	Barber, Blount, Bibb, Bullock, Butler, Calhoun, Chambers, Cherokee, Chilton, Clay, Cleburne, Colbert, Conecuh, Coosa, Cullman, Dallas, De Kalb, Franklin, Greene, Hale, Jefferson, Lamar, Marengo, Marion, Marshall, Mobile, Monroe, Morgan, Montgomery, Pickins, Randolph, Shelby, Sumter, Talladega, Tallapoosa, Tuscaloosa, Walker, Wilcox, Winston
Who delivers services	Nurses and Parent Educators
Visit format	In-home and/or virtual
Cost	Free / No cost to families
Eligibility	Changent and Parents as Teachers

Get connected

Learn more or refer a family:
First Teacher Home Visiting, AL Department of Early Childhood Education
(334) 224-3171 | children.alabama.gov/families/first-teacher-home-visiting/



Spotlight on Success

"After our son Peter was diagnosed with autism at two, we felt overwhelmed, isolated, and unsure where to turn. Home visiting changed our lives. Ms. Tiffany came each month with books; she modeled activities and guided us through practical strategies to build Peter's social skills, potty training, and emotional regulation. She saw him not as "special needs," but as a bright, capable little boy.

In just 18 months, Peter went from nonverbal and withdrawn to reading, writing, making friends, and thriving in school. Home visiting didn't just help Peter, it gave our family hope and showed us what's possible with the right support."

~Dr. Delicia McCray, Mother

