



North Carolina MIECHV Home Visiting Program 2026

**Home visitors meet families where they are,
building trust that leads to lasting change.**

North Carolina's Maternal, Infant, Early Childhood Home Visiting Program (MIECHV) connects families with trained professionals who provide resources and support during pregnancy and early childhood.

Who Is Served

Pregnant women and families with young children ages 0-5 across NC. Currently, 30 counties are being served, with program expansion in progress!

What Home Visitors Do With Families

- Support healthy pregnancies and child development
- Strengthen positive parenting through skills and guidance
- Connect families to health and community services
- Help identify needs early and reduce risk over time

What We Offer

- One-on-one support tailored to each family
- Guidance on parenting, child development, and health
- Flexible visits in the home or virtually

Evidence-Based for Success

NC MIECHV home visiting services are delivered through two evidence-based models: Healthy Families America (HFA) and Nurse-Family Partnership (NFP). Both are backed by years of research showing how they improve maternal and child health, support early learning, and build stronger foundations for long-term success.



15 Years of Program Impact...

550+
Families Served

7,100+
Home Visits Completed

28+
Communities Reached

70+
Home Visiting Program Staff

...Serving Families Who Benefit Most

**86% of households were low
income ($\leq 200\%$ FPL)**

**45% of participants were not
employed**

*Data reported above is from the FY24-25
MIECHV Report submitted to HRSA.

NC MIECHV Exceeds National Averages in Performance

NC MIECHV exceeded national averages across 12 of the 19 program performance measures during the 2024-2025 program year, including:

Catching Developmental Delays Early

85% of enrolled children received a timely developmental screening based on their age, per AAP guidelines

84% of enrolled children who had developmental delays identified successfully received specialized services

Ensuring Safe Homes

90% of parents were screened for domestic violence within six months of enrollment into our program

Prioritizing Preventative Care

89% of adult participants were screened for depression within three months of program enrollment or birth (if enrolled prenatally)

78% of enrolled children received their well-child visits on schedule, meeting AAP guidelines

Program detail	Information
Service area	Avery, Bertie, Bladen, Buncombe, Burke, Caldwell, Catawba, Columbus, Durham, Edgecombe, Gaston, Halifax, Henderson, Hertford, Iredell, Lincoln, Madison, Martin, McDowell, Mitchell, Nash, Northampton, Person, Robeson, Scotland, Watauga, Wilson, and Yancey Counties
Who delivers services	Nurses and Family Support Specialists
Visit format	In-Home and/or Virtual
Cost	Free / No cost to families
Eligibility	Pregnant women, first time parents, and families with young children



In Their Own Words...

Hear from home visiting parents

"I always tell others about how great of a home visitor I have and the bond that I have with her has made things so much easier in my life. She has made my anxiety about me and my daughter so much easier and **she doesn't hesitate to help when I need her."**

"Sometimes it is hard to ask for help and sometimes we don't want to ask because we may feel embarrassed that we should know the answer, but to be able **to have someone come to you, someone who can provide you with information about all your questions no matter how silly you think they are, to guide you on your journey to motherhood and in motherhood **has been one of the greatest gifts.**"**

-from home visiting participants from Northeastern NC



NC DEPARTMENT OF
**HEALTH AND
HUMAN SERVICES**

www.ncdhhs.gov/divisions/child-and-family-well-being/whole-child-healthsection/child-and-family-wellness/home-visiting-programs • NCDHHS is an equal opportunity employer and provider. • 6/26