



Home Visiting in Idaho

2025



Supporting families from pregnancy through early childhood with trusted, community-based care.

Home visiting in Idaho connects pregnant women, children, and families with trained professionals who provide guidance, resources, and support during pregnancy and the early years of a child's life. Through free, voluntary, relationship-based services, home visitors help families strengthen parenting skills, promote healthy child development, and connect to resources that support long-term well-being.

Who Is Served

- First-time mothers and parents of children ages 0-5
- Families seeking support with parenting, child development, health, and family goals

What Home Visitors Do

- Meet with families weekly, bi-weekly, or monthly based on each family's needs
- Get to know each family and tailor services to fit their needs
- Teach parents positive parenting practices and about healthy child development and early literacy
- Connect families with local resources to promote economic stability

Program Impact

The first five years of life are a period of incredible growth in all areas of a child's development. Positive and nurturing interactions with adults during early childhood shape children's development and lay the groundwork for future success. By meeting families where they are, home visiting empowers parents and caregivers to engage more fully in their children's care and growth. Research shows that home visiting improves children's school readiness and prevents child abuse and neglect.

OVERVIEW

In Idaho, home visiting:

- Supports healthy pregnancies and early childhood development
- Strengthens parenting skills and confidence
- Connects families to critical health and community resources
- Helps identify needs early and support positive outcomes

PROGRAM STATS

880+

Families reached

8

Local Implementing Agencies

39

Home visitors

Home visitors build trusted relationships with families over time, creating support that lasts beyond each visit.

A Closer Look

An Idaho mother shared that enrolling in Parents as Teachers home visiting has transformed the way she parents her three children, and credits her home visitor with providing support and guidance throughout her parenting journey. From safe sleep education to potty training advice, her home visitor shared a wealth of information about early childhood and parenting. After reviewing screening results for one of the children, the home visitor connected mom to resources that could help address an identified delay. Before signing up for home visits, the mother described herself as very introverted. Though the encouragement and support she received from her home visitor, she gained the confidence to advocate for her children and their capacity to thrive.

What We Offer

- Broad support tailored to each family
- Education on parenting, child development, and health
- Flexible visits in the home or virtually

Program Details

Program detail	Information
Counties served	Ada, Adams, Bannock, Bear Lake, Benewah, Bingham, Blaine, Boise, Bonner, Bonneville, Boundary, Butte, Camas, Canyon, Caribou, Cassia, Clark, Clearwater, Custer, Elmore, Franklin, Fremont, Gem, Gooding, Idaho, Jefferson, Jerome, Kootenai, Latah, Lemhi, Lewis, Lincoln, Madison, Minidoka, Nez Perce, Oneida, Owyhee, Payette, Power, Shoshone, Teton, Twin Falls, Valley, Washington
Who delivers services	Nurses, parent educators, family support specialists
Visit format	In-home and virtual visits
Cost	Free / No cost to families
Eligibility	First-time parents, families with young children



OVERVIEW

8,847

Total Home Visits

8,109

In-Person Visits

738

Virtual Visits



Home visitors meet families where they are, building trust that supports long-term well-being.

Get connected

Learn more or refer a family:
<https://healthandwelfare.idaho.gov/services-programs/children-families-older-adults/about-home-visiting>
(208) 334-0658
homevisiting@dhw.idaho.gov