



Home Visiting at Southcentral Foundation

2026

Supporting families from pregnancy through early childhood with trusted, community-based care.

Home visiting at Southcentral Foundation in Alaska connects families with trained nurses who provide guidance, resources, and support during pregnancy and early childhood. Through trusted, relationship-based care, home visitors strengthen parenting, promote healthy development, and connect families to the services they need to thrive.

Who Is Served

Alaska Native and American Indian families with young children living in Anchorage and Matanuska-Susitna Valley who may benefit from additional social support and access to community-based services.

What Home Visitors Do

- Provide parenting support and guidance
- Connect families to health and community services
- Support child development and school readiness

Program Impact

Home visiting at Southcentral Foundation is making a meaningful difference for Alaskan Native and American Indian families and communities. Families have repeatedly said that our home visiting program provides practical support, improves parenting confidence, increases connection to services, and improves family well-being.

Home visitors meet families where they are, building trust that leads to lasting change.



OVERVIEW

Southcentral Foundation's Tribal Home Visiting Program:

- Supports healthy pregnancies and child development
- Strengthens parenting skills and confidence
- Helps families navigate community resources, social services, and the healthcare system
- Helps identify needs early and reduce risk over time

PROGRAM DATA



100% were screened for intimate partner violence



100% learned about preventing child injuries



95% started breastfeeding



94% were screened for substance abuse



90% had a postpartum visit within 8 weeks of delivery

A Closer Look

Since 2012, Southcentral Foundation has received funding through the Administration for Children and Families' Tribal Maternal, Infant, and Early Childhood Home Visiting Program to provide evidence-based home visiting services to families. **We have served almost 1,500 families and conducted close to 36,000 visits.**

During pregnancy and until the child is two, an assigned nurse visits with moms at home (or other agreed-upon location) to provide:

- Pregnancy, infancy and toddler development education
- Breastfeeding education and support
- Environmental assessments and home safety education
- Referrals to and help navigating community resources
- Appointment and transportation assistance
- A safe, non-judgmental space to talk about the transition to motherhood and general life challenges

Who Conducts the Home Visits

Southcentral Foundation's Tribal Home Visiting program has a team of 11 registered nurses. The team is supervised by 2 clinical coordinators. All nurses and clinical coordinators complete extensive training to provide home visiting services. Our program is also supported by behavioral health consultants who provide home-based counseling and therapy to moms and families in our program.

Program Outcomes

Families participating in the program receive recommended well-child visits, complete developmental screenings and are connected to appropriate early intervention or developmental services when needed. Caregivers also gain knowledge of safe sleep practices to promote infant health and safety. Through comprehensive family support, participants increase their self-sufficiency by advancing their education, obtaining employment, and achieving greater housing stability.

Program Details

Program Detail	Information
Service area	Anchorage and Matanuska-Susitna Valley, AK
Who delivers services	Trained registered nurses
Visit format	In-person (primarily)
Cost	No cost to families
Eligibility	Any pregnant woman may be eligible; we prioritize families with limited social support (including teens); historical or recent involvement with child welfare services, history of substance abuse, or history of mental health conditions.

Tribal Home Visiting at Southcentral Foundation
Learn more at [Nutaqsiivik Home Visiting](#)



SPOTLIGHT ON SUCCESS

A new mom navigating pregnancy alone described how home visits removed barriers like transportation and scheduling, allowing her to engage with her nurse home visitor consistently during a vulnerable time.

"I was by myself and nervous about doing this alone. Having someone come to my home made everything easier...Having her come here made it easier to get help with paperwork and services."

"My home visitor helped me with my confidence. They helped me feel comfortable as a mother."

Similar, another mom described her experience with home visiting:

"She brought light into my home during a time that was incredibly hard."

Connect with us:

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Tribal Home Visiting
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