



# HOME VISITING IN NORTH CAROLINA

## About Home Visiting in North Carolina

NC funds two evidence-based home visiting programs through its federal MIECHV grant: Healthy Families America and Nurse-Family Partnership. They operate through seven local agencies that serve families in 15 counties across the state.

Current MIECHV grant for North Carolina: \$3.4 million, for a 24-month period

In FY21, these programs served 510 families through 6,847 home visits. Of the adults in the program:

- 81% were households with low incomes
- 18% were pregnant enrollees under the age of 21
- 12% had a history of substance abuse or needs substance abuse treatment

Additional evidence-based home visiting programs serving families in NC include Child First, Early Head Start – Home Visiting, Family Connects, and Parents as Teachers.



## Improving Outcomes for Children and Families

North Carolina has invested federal Maternal, Infant, and Early Childhood Home Visiting (MIECHV) funds to better coordinate services and improve outcomes for the state's neediest families. North Carolina operates MIECHV-funded Healthy Families America or Nurse-Family Partnership home visiting programs in 15 counties across the state that were identified through a 2010 statewide needs assessment.

MIECHV home visiting in NC has improved the coordination of services with other local agencies and advisory boards. This has resulted in improved breastfeeding rates, and enhanced the ability to address the mental health and behavioral needs of our families through mental health consultation with community resources.



## *Looking Ahead: The Future of Home Visiting in North Carolina*

The NC Home Visiting Program will continue serving at-risk communities through a public health approach to program implementation. Federal evaluation of the program has recognized “implementation of evidence-based home visiting models with fidelity,” as a notable strength, along with “relationships with other with other state agencies and key partners.”

Looking ahead, NC will continue to build on its strengths and successes while ensuring accountability with program standards in a wide variety of settings across the state. This includes a continued focus on coordination of services as well as outreach and education in local communities on the goals and objectives of the NC Home Visiting Program.

Additionally, the Division of Public Health will continue to provide training, technical assistance, quality assurance and fidelity and fiscal monitoring to local sites to ensure they utilize community advisory boards to maximize their collective impact and establish appropriate linkages and referral networks to other community resources.

### **For more information:**

Chris Bryant  
[christopher.bryant@dhhs.nc.gov](mailto:christopher.bryant@dhhs.nc.gov)  
[www2.ncdhhs.gov/dph/wch/aboutus/ebhv.htm](http://www2.ncdhhs.gov/dph/wch/aboutus/ebhv.htm)

ASTHVI: [staff@asthvi.org](mailto:staff@asthvi.org)

## *Luisa’s Story: Overcoming with Home Visiting*

Luisa, a younger home visiting client, had already overcome many obstacles prior to seeking assistance from home visiting services at Nurse-Family Partnership. She had found her boyfriend and father of her baby deceased, just after finding out she was pregnant. Not knowing where to turn, she found NFP. When she started the program, she was depressed and anxious, and she knew nothing about taking care of a baby.

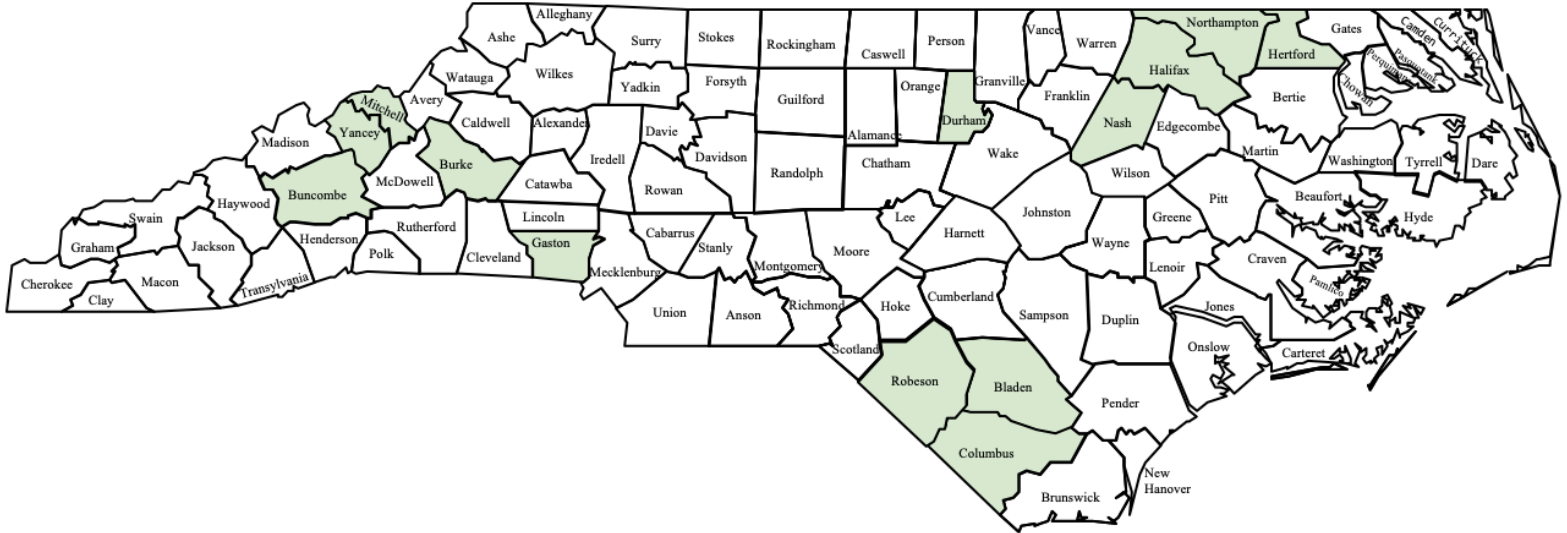
Now, after two years of hard work, she is thriving as a young mother to her son. Luisa is enrolled in college and working full-time, thanks in part to family support; she is also in counseling and managing her mental health.

Soon, Luisa and her son will be graduating from the program, and the team at NFP could not be prouder of the great young woman and mother she has grown into.





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**Attachment and Biobehavioral Catch-up (ABC):** Durham

**Child First:** Beaufort, Bladen, Brunswick, Camden, Carteret, Chowan, Craven, Currituck, Gates, Hertford, Hyde, Jones, Martin, New Hanover, Northampton, Onslow, Pamlico, Pasquotank, Pender, Perquimans, Pitt, Tyrrell, Washington

**Early Head Start Home Visiting:** Alexander, Anson, Bertie, Bladen, Buncombe, Burke, Caldwell, Carteret, Catawba, Chatham, Craven, Cumberland, Dare, Durham, Guilford, Henderson, Hertford, Jones, Macon, McDowell, Mecklenburg, Onslow, Orange, Pamlico, Polk, Richmond, Rutherford, Sampson, Transylvania, Union, Wake, Wayne

**Family Connects:** Cumberland, Durham, Forsyth, Guilford, Hoke, Hyde, Robeson, Transylvania

**MIECHV Healthy Families America:** Avery, Burke, Durham, Mitchell, Yancey

**MIECHV Nurse-Family Partnership:** Bladen, Buncombe, Columbus, Edgecombe, Gaston, Halifax, Hertford, Nash, Northampton, Robeson

**Non-MIECHV Nurse-Family Partnership:** Cherokee, Clay, Cleveland, Durham, Forsyth, Graham, Guilford, Haywood, Jackson, Lincoln, Macon, McDowell, Mecklenburg, Pitt, Polk, Rockingham, Rutherford, Swain, Wake

**Parents as Teachers:** Alamance, Ashe, Bertie, Bladen, Brunswick, Burke, Cabarrus, Camden, Catawba, Cherokee, Cleveland, Columbus, Currituck, Dare, Davidson, Davie, Duplin, Forsyth, Gaston, Gates, Graham, Granville, Greene, Guilford, Haywood, Henderson, Hertford, Hoke, Iredell, Jackson, Lee, Lenoir, Lincoln, Macon, Martin, Mecklenburg, New Hanover, Northampton, Onslow, Orange, Pasquotank, Person, Pitt, Randolph, Robeson, Rockingham, Rowan, Sampson, Scotland, Stanley, Stokes, Surry, Swain, Wake, Wayne, Yadkin



