



HOME VISITING IN

Tennessee

Home Visiting Models

Healthy Families America

<https://www.healthyfamiliesamerica.org/>

Nurse Family Partnership

Partnership

<https://www.nursefamilypartnership.org/>

Parents as Teachers

<https://parentsasteachers.org/>



During July 1, 2019 through June 30, 2020;

Evidence Based Home Visiting (EBHV)

The Tennessee Department of Health (TDH) initiates home visiting services through partnerships with 18 agencies serving all 95 counties across the state. TDH receives Healthy Start state funding, TANF (Temporary Assistance for Needy Families) federal funding, and MIECHV federal funding.

EBHV is a voluntary, in-home service for at-risk pregnant women and caregivers of infants and children up to age five (5). EBHV services help prevent child abuse and neglect, support positive parenting, improve maternal and child health, and promote child development and school readiness. EBHV can be cost-effective in the long term, with the largest benefits from reduced spending on government programs and increased individual earnings. (<https://mchb.hrsa.gov/sites/default/files/mchb/MaternalChildHealthInitiatives/HomeVisiting/pdf/programbrief.pdf>).

Home visits may include:

- supporting preventive health and prenatal practices
- assisting mothers on how to breastfeed and care for their babies
- helping parents understand child development milestones and behaviors
- promoting parents' use of praise and other positive parenting techniques, and
- working with mothers to set goals for the future, continue their education, and find employment and child care solutions.

(<https://mchb.hrsa.gov/maternal-child-health-initiatives/home-visiting-overview>)



Additional outcomes of EBHV programs include:

Improved family functioning and parenting skills

Linking families with appropriate social service agencies

Promotion of early learning

Help for new parents in providing safe, nurturing environments for their children and becoming more self-sufficient

Evidence Based Home Visiting (EBHV)

EBHV is a key service known to prevent and mitigate the impact of ACEs. Quality EBHV leads to fewer children in social welfare, mental health, and juvenile corrections systems, with considerable cost savings for states. (<https://www.zerotothree.org/resources/144-the-research-case-for-home-visiting>).

EBHV is a relationship-based system that promotes positive parent-child relationships in a manner that is culturally competent, strengths-based, and family-centered. Elements included in services are routine screening for child development, education to caregivers to prevent child maltreatment and abuse, maternal depression screening, tobacco cessation resources and support, school readiness, and Adverse Childhood Experiences (ACES) mitigation. ([https://homvee.acf.hhs.gov/implementation/Healthy%20Families%20America%20\(HFA\)%20Model%20Overview](https://homvee.acf.hhs.gov/implementation/Healthy%20Families%20America%20(HFA)%20Model%20Overview))

EBHV is inherently a two-generation program, as both the parent/caregiver and infant/child benefit from the positive outcomes resulting from EBHV. Research demonstrates that young children of families enrolled in EBHV show improvements in health and development outcomes and increased school readiness.

Community Resources
www.211.org

Parenting Resources
www.tnaap.org

CDC ACE Resources
www.cdc.gov/ace

Parent Helpline
1-800-356-6767

State Resources
www.kidcentraltn.com