



Home Visiting in Texas

2026

Supporting families from pregnancy through early childhood with trusted support and care.

Texas Home Visiting provides voluntary, evidence-based services that strengthen maternal and child health, promote healthy child development, improve school readiness, and support family well-being. Through eight evidence-based home visiting models delivered by 36 local implementing agencies across 49 Texas counties, families receive individualized support from trusted home visitors who connect them with healthcare, early childhood services, and community resources. By reaching families early, Texas Home Visiting helps prevent challenges before they become crises and builds stronger families and communities.

Who Is Served

Texas Home Visiting serves expecting parents and families with children from birth through age five. Services are available to eligible caregivers, including parents, grandparents, relatives, and other primary caregivers who provide ongoing care for a young child.

What Home Visitors Do

- Deliver evidence-based home visiting services tailored to each family's goals
- Support healthy pregnancies, child development, and school readiness
- Strengthen parenting knowledge, confidence, and caregiver-child relationships
- Conduct developmental, health, and family well-being screenings
- Connect families to healthcare, early childhood programs, and community resources
- Help families access services and achieve their goals



OVERVIEW

In Texas, home visiting:

- Supports healthy pregnancies and child development
- Strengthens parenting skills and confidence
- Increases school readiness
- Connects families to critical health and community resources
- Helps identify needs early and reduce risk over time

PROGRAM STATS

8,664

Families reached

49

Communities reached

345

Home visitors

Texas Home Visiting delivers measurable results by helping families access support early, strengthening parenting, promoting healthy child development, and improving long-term outcomes for children and caregivers.

A Closer Look

A home visitor partners with families to identify strengths, set goals, and connect with community resources. Through individualized home visiting and support groups, caregivers strengthen social connections, build parenting confidence, and actively shape services that meet family needs. This family-centered approach supports stronger relationships, increased engagement, and healthier outcomes for both caregivers and children.

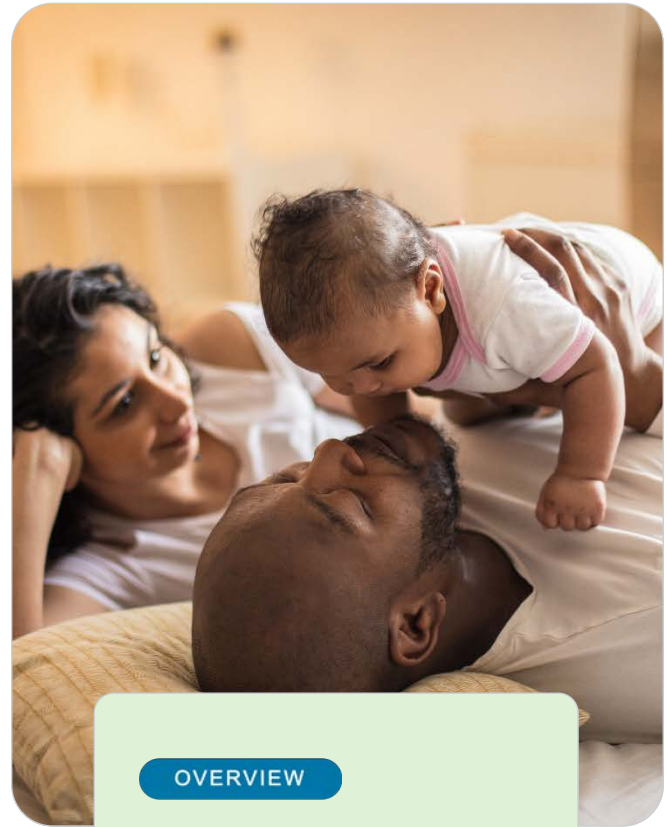
Home visiting helps to strengthen positive parenting, improve home safety, and support child health. Home visitors use coaching, modeling, and practice opportunities to help caregivers build practical skills while connecting families to additional services that promote long-term stability and well-being. In Texas, this includes building specific parenting supports across a variety of communities, including urban, rural, and military communities.

What We Offer

- Individualized support based on each family's strengths and goals
- Guidance on parenting, child development, and healthy child growth
- Connections to healthcare, early childhood services, and community resources
- Flexible in-home services, with limited virtual visits when appropriate
- Additional support to promote caregiver mental health and family well-being

Program Impact

Texas Home Visiting helps families build strong foundations for lifelong health and success. Through trusted relationships with trained home visitors, families receive individualized support that promotes healthy pregnancies, positive parenting, early learning, and connections to critical community resources. By reducing barriers to care and strengthening protective factors, home visiting improves outcomes for children, caregivers, and communities.



OVERVIEW

Spotlight on Success

A mother shared with her parent educator that she was learning a great deal during home visits, but her husband was hesitant about home visiting services. The parent educator encouraged him to participate and sit on the floor to actively engage in the practice activities with his child. That activity and experience helped him to learn about the importance of childhood development and the positive impact that parent-child interactions have on a child's growth and learning. He shared that he had not realized how important it was to interact with his child, or how it would help. He grew excited about all the ways he and the mother were learning to support their child's growth and future.

Texas's portfolio of eight evidence-based home visiting models allows communities to match services to local needs while maintaining proven program quality and measurable outcomes.

Program Details

Program detail	Information
Service area	Anderson, Angelina, Atascosa, Bastrop, Bell, Bexar, Bowie, Brazos, Caldwell, Cameron, Cherokee, Dallas, El Paso, Ector, Galveston, Gregg, Hardin, Harris, Harrison, Hardin, Hays, Henderson, Hidalgo, Jefferson, Jim Wells, Laredo, Liberty, Lubbock, Maverick, Midland, McLennan, Montgomery, Nacogdoches, Nueces, Orange, Potter, Randall, San Patricio, Smith, Starr, Tarrant, Taylor, Tom Green, Travis, Victoria, Walker, Webb, Wichita, Willacy, and Wise Counties
Who delivers services	Home visitors, parent educators, nurses, family support specialists, community health workers
Visit format	In-home with limited virtual
Cost	Free / No cost to families
Eligibility	Expecting parents and families with young children from birth through five years
Evidence-based Home Visiting Models	• Family Check-Up for Children • Healthy Families America (HFA) • Home Instruction for Parents of Preschool Youngsters (HIPPY) • Nurse-Family Partnership (NFP) • Parents as Teachers (PAT) • Play and Learning Strategies (PALS) • Promoting First Relationships • SafeCare Augmented



Home visitors provide parent education and support, building trust that supports long-term well-being for the family.

Get connected

Learn more or refer a family:
fss.hhs.texas.gov/ and
getparentingtips.com